

INTIMATE PARTNER VIOLENCE SERVICES



Services for men and women who have been violent in their intimate relationships

What is Violence?

Violence is any act that (1) gets your partner to do something he/she does not want to do; (2) prevents your partner from doing something he/she wants to do; and (3) causes fear and/or harm.

The Saskatchewan Health Authority works in the spirit of truth and reconciliation, acknowledging Saskatchewan as the traditional territory of First Nations and Métis People.



Saskatchewan Health Authority

Mental Health & Addiction Services
Saskatoon Area

Who Do We Serve

The Intimate Partner Violence Program offers services to men and women who have been violent in their intimate relationships.

Have you ever:

- Hit, shoved, choked, or slapped your partner?
- Yelled or sworn at your partner, called him/her names, put him/her down?
- Threatened to hurt your partner or people he/she cares about?
- Destroyed things that belonged to your partner, thrown objects or hit walls during or after an argument?
- Guilted your partner into sex?

You are not alone! Most people do not want to hurt their partners and have trouble understanding why they do. You can learn to stop your violent behaviour.

Change is often not easy, but stopping the verbal, emotional, physical, and sexual violence is worth the effort.

Service Offered

Groups are open to men and women who:

- Are willing to take responsibility for their violence
- Are committed to being non-violent in their relationships
- Have *no* outstanding charges that involve violence
- Are agreeable to group guidelines and confidentiality

Education Group:

A 2 week introductory education group for men and women. The Education Group must be completed in full prior to entering any of the following treatment groups.

Intimate Partner Violence Groups:

Groups for men who have been violent to their partners. This is a 22 week group is offered on various days Monday to Friday typically at 10am, 1pm, 3:30 pm and 6 pm. In order to participate in a treatment registration is required and this can be accomplished by calling 306-655-8999.

Napewak E-Acimoyahk Group:

A 22 week therapy group developed specifically for Indigenous men who have been violent to intimate partners. The group is facilitated by staff from Mental Health & Addiction Services in conjunction with the Indian & Métis Friendship Centre. Indigenous ceremonies and traditions are included as part of this group. This group is offered on Wednesday from 4—6 pm in City Hospital.

Services Offered

Maintenance Group:

An ongoing group for men who have successfully completed a 22 week group. Contact 306-655-8999 to register for a group.

Referral Process

If you would like more information or think that this program may benefit you, please contact 306-655-8999 to book an intake appointment.

MENTAL HEALTH AND ADDICTION SERVICES—COMMUNITY ADULT PROGRAMS

701 QUEEN STREET
SASKATOON, SK. S7K 0M7
P: 306-655-655-8999 | F: 306-655-8806



saskhealthauthority.ca

An intake appointment must be arranged and completed prior to starting any of the Intimate Partner Violence groups.