

Residential Services

Who Do We Serve?

Residential Services facilitates the Mental Health Approved Home Program in Saskatoon and the surrounding area of the Saskatchewan Health Authority.

The residents of these homes are persons who have difficulty living independently because of mental illness or addiction challenges.

Services Offered

The Approved Home Program provides safe and supportive housing for people affected by mental illness and/or addictions.

Referral Process

Referrals for residence within an approved home are accepted from healthcare providers. If you are interested in accessing residency in an approved home, please discuss with your healthcare provider. Inquiries about accessing the Program can be directed to (306) 655-4590.

Adult Family Program

This Program operates out of the McKerracher Centre. It provides individual and group support to family members affected by someone else's mental illness and/or addiction challenges. Please contact (306) 655-4590 for more information.



Mental Health & Addiction Services Saskatoon Area

Our Vision

*Healthiest people
Healthiest communities
Exceptional service*

If you are interested in receiving further information and/or accessing services, please call:

McKerracher Centre
2302 Arlington Avenue
SASKATOON, SK S7J 3L3
Tel. (306) 655-4590
Fax. (306) 655-4592

OR

Adult Services
Mental Health
715 Queen Street—4th Floor
SASKATOON, SK S7K 4X4
Tel. (306) 655-7777 (Pick Option #2)
Fax. (306) 655-8875

www.saskhealthauthority.ca

2019 Mental Health and Addiction Services

McKerracher Centre

Saskatoon Area



Recovery Program

Who Do We Serve?

The Recovery Program provides education and support to adults (age 18+) whose quality of life has been impacted by their mental health and/or addiction challenges.

Services Offered

Programming is offered in a group setting.

Drop-in groups do not require registration and are individualized to meet identified client needs. Focus is placed on hope, personal responsibility, self-advocacy, education, and support.

A registered education group is offered to clients with a diagnosis of bipolar affective disorder.

Referral Process

Persons interested in attending one or any of the drop-in groups can simply attend—no registration required. Those wishing to attend the Bipolar Education group can be referred by their Mental Health & Addiction Services (MHAS) worker. Clients without an MHAS worker can seek a referral by calling MHAS Adult Services at (306) 655-7777 (Pick Option #2).

For more information, please contact:

McKerracher Recovery Program
Tel. (306) 655-4590

OR

Adult Services—Mental Health
Tel. (306) 655-7777 (Pick Option #2)

Peer Support Program

Who Do We Serve?

Peer Supporters use their own lived experience of mental health and/or addiction challenges to relate, to build hope for recovery, and to support clients to achieve a goal, such as learning the bus system or developing conversation skills.

Services Offered

Peer Supporters will meet individually with clients for about 10—20 sessions to support them to achieve their goals.

The WRAP Peer Support Group is a registered group which helps clients develop their own Wellness Recovery Action Plan.

Coping and Peer Support is a drop-in group which does not require registration. Weekly support and discussions related to living with mental health issues are provided in a group setting.

Referral Process

Referrals can be made by Mental Health & Addiction Services (MHAS) staff on behalf of their clients. Clients without an MHAS worker can seek a referral by calling MHAS Adult Services at (306) 655-7777 (Pick Option #2).

For more information, please contact:

McKerracher Centre
Peer Support Program
Tel. (306) 655-4590

Seniors Program

Who Do We Serve?

The Seniors Program provides case management, education, and consultation to seniors over the age of 65 with a new onset or prior history of psychiatric illness that is now complicated by the aging process.

Services Offered

Case management, education, and consultation are offered. Services include:

- Individual Services
- Depression and Anxiety Groups
- Seniors Directed Service
- Home Care Liaison

Referral Process

A doctor's referral is required to access services.

Recreation Therapy

Who Do We Serve?

Service is provided to individuals who have mental health and/or addictions challenges that impact their quality of life and ability to engage in meaningful leisure experiences.

Services Offered

Clients are offered assessment, treatment, and leisure education in an individualized and/or group setting.

Referral Process

Referrals can be made by Mental Health & Addiction Services (MHAS) staff on behalf of their clients. Clients without an MHAS worker can seek a referral by calling MHAS Adult Services at (306) 655-7777 (Pick Option #2).