

Our Vision

Healthy People
Healthy Saskatchewan

Our Mission

We work together to improve our health
and well-being.

Every day. For everyone.

Our Values



Mental Health & Addiction Services
Saskatoon Area

If you are interested in receiving further
information and/or accessing services,
please contact:

McKerracher Centre
2302 Arlington Ave
Saskatoon, SK. S7J 3L3
Tel. (306) 655-4590
Fax. (306) 655-4592

OR

Adult Services - Mental Health
715 Queen Street—4th Floor
Saskatoon, SK. S7K 4X4
Tel: (306) 655-7777
Pick Option #2
Fax: (306) 655-8875

Adult Services - Addictions
Sturdy Stone Bldg—Main Floor
Suite 156, 122—3rd Ave. North
Saskatoon, SK. S7K 2H6
Tel: (306) 655-7777
Pick Option #3
Fax: (306) 655-4115

www.saskhealthauthority.ca

McKerracher Centre Recovery Program

Saskatoon Area



Who Do We Serve?

Adults (age 18+) whose quality of life has been impacted by their mental health and/or addiction issues, and who want to “live well.”

Accessing Services

Persons interested in attending McKerracher Recovery Program may be referred by their physician, psychiatrist, or community support worker or can simply attend a drop-in group. For more information, contact:

McKerracher Recovery Program
Tel. (306) 655-4590

OR

Mental Health & Addition Services
Centralized Intake:
Tel. (306) 655-7777



Services Offered

- A variety of groups which are educational and skill-building provided in a safe, supportive environment.
- A learning and practice approach.
- Groups that enhance living skills and build on individual strengths.
- Groups that offer an opportunity to engage in focused activities and build social connections.
- Program plans are tailored to meet individual client needs and follow a multi-disciplinary team approach.
- Drop-in groups do not require registration and provide flexibility to accommodate clients' schedules. For those groups that do require registration, relevant information will be provided to the client.

Caring for the whole self:

Emotional
Spiritual
Intellectual
Social

Core Values

- Respect the dignity of each participant.
- Respect the individual's ability and right to choice and autonomy.
- Acknowledge the expertise and capacity that exists within our community and value community partnerships.
- Provide sustainable services.
- Operate within and from an environment of safety and respect for both the participants and the service providers.
- Support community reintegration where possible and appropriate.
- Offer a holistic approach to enhance mental health for participants.

