

## *Goals of the Sexual Offender Program*

- Focus upon individual choice and responsibility for abusive behaviours.
- Develop coping strategies and skills to facilitate respectful behavior and healthy relationships in the community
- Support of individuals in making active choices and plans which will reduce risk.
- Work together with community and governmental organizations in enhancing community safety.
- Education and support of spouses, family members, professionals and all others who provide services and/or support to individuals in treatment.



### *Our Vision*

*Healthiest people  
Healthiest communities  
Exceptional service*

If you need more information or feel that this program may be of benefit to you or someone you know, please call:

(306) 655-8999

We are located at:  
Room 1540  
Saskatoon City Hospital

[www.saskatoonhealthregion.ca](http://www.saskatoonhealthregion.ca)

2011 Mental Health and Addiction Services

## *Sexual Offender Treatment Program*

In Saskatoon Health Region

*The Sexual Offender  
Treatment Program  
offers counselling services  
for anyone who has  
committed a sexual  
offence, or is concerned  
about a risk to sexually  
offend.*



## *Who Do We Serve?*

The Sexual Offender Treatment Program offers counselling services for anyone who has committed a sexual offence or is concerned about a risk to sexually offend.

The program is open to anyone who:

- Is willing to participate in, and cooperate with treatment
- Is agreeable to limits of confidentiality
- Does not have outstanding charges
- Can be safely treated in a community setting
- Does not have a debilitating mental illness (i.e. active psychosis) or insufficient cognitive/social capacity to participate in and benefit from treatment

## *Services Offered*

The provision of specialized services regarding sexual offences includes direct treatment services, consultation and education.

### Direct Services include:

- Clinical assessment
- Limited individual counselling
- Treatment groups

### Group Services include:

- Education Group: Awareness of the Issues
- Treatment Group: Building awareness, responsibility, individual accountability and healthy coping
- Maintenance Group

Consultation/Education and support services for all others and /or support to individuals in treatment

## *Sexual Offending Behaviour*

Sexual offending behaviour is any unwanted sexual contact including, but not limited to:

- Vaginal, oral, anal intercourse
- Sexual touching
- Phone calls/letters/email communication
- Verbal sexual harassment
- Voyeurism
- Exhibitionism
- Fetishism
- Use/possession of child pornography (i.e. internet or otherwise).