CT ENTEROGRAPHY

PREPARATION

You should not eat or drink for at least 4 hours prior to your scheduled examination time. Diabetic patients are allowed to have some clear juice up to 1 hour prior to their appointment time if necessary to regulate their diabetes. Continue to take all medications as usual. Please wear clothing such as sweat pants and a t-shirt that do not have any metal zippers or clasps as metal objects can cause problems with the quality of the CT images. Please remove any body piercings prior to your examination.

PROCEDURE

CT Enterography is a CT examination specifically used to visualize and assess conditions affecting the small bowel.

Upon arrival in the CT department, you will be required to drink 1 1/2 Litres of PegLyte (a solution that is traditionally used to cleanse your large bowel) within 30 minutes. Drinking this large amount of fluid in such a short time is very difficult for most patients, but is critical to the success of the procedure. PegLyte is normally used as a laxative, so it is important that you drink all of it quickly so that we can perform the CT scan before you get diarrhea and need to evacuate your bowel.

Following the examination your IV will be removed and you will be monitored briefly. Because we are giving you a bowel cleansing agent that will cause diarrhea, it is important that you are prepared to stay close to a bathroom for a few hours after your CT examination. (i.e. Do not plan to return to work right away or drive a long distance in the car, etc). To prevent dehydration, you should drink a glass of water every hour for the 6 hours after your examination.

Time to perform: Approximately 45 minutes after you start drinking, you will have the CT scan performed. The CT scan itself will take approximately 10 minutes.