## CT Preparation

Wear comfortable clothing, with minimal snaps and zippers as these articles will need to be removed.

CT examinations are performed during the day as well as the evening so check your appointment time carefully.

<table>
<thead>
<tr>
<th>Examination</th>
<th>Preparation</th>
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<tbody>
<tr>
<td>CT Abdomen/Pelvis</td>
<td>- Nothing to eat or drink for four (4) hours prior to your appointment. &lt;br&gt; - Diabetic patients may have juice up to one (1) hour before the appointment time if necessary to regulate blood sugar. &lt;br&gt; - Continue all medications as usual. &lt;br&gt; - You may be required to pick up Telebrix from your closest hospital in Saskatoon or this can be mailed out to you if you live outside of the city. The Cancer Clinic may provide this to you. &lt;br&gt; - Mix the 8 mls of Telebrix with 500mls (2 cups) of water or juice. If your appointment is in the morning, drink the mixture the night before your test. If your appointment is in the afternoon, drink the mixture 4 hours prior to your appointment time. &lt;br&gt; - Do not have anything to eat or drink after taking your oral contrast. &lt;br&gt; - Arrive in the Admitting Department one (1) hour prior to your appointment time. &lt;br&gt; - You will be given additional oral contrast to drink when you arrive in the CT department.</td>
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<tr>
<td>CT Angiography</td>
<td>- Nothing to eat or drink for four (4) hours prior to your appointment. &lt;br&gt; - Diabetic patients may have juice up to one (1) hour before the appointment time if necessary to regulate blood sugar. &lt;br&gt; - Continue all medications as usual. &lt;br&gt; - Do NOT take any oral contrast. &lt;br&gt; - Arrive in the Admitting department ½ hour prior to your appointment.</td>
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<tr>
<td>CT Chest</td>
<td>- Nothing to eat or drink for four (4) hours prior to your appointment. &lt;br&gt; - Diabetic patients may have juice up to one (1) hour before the appointment time if necessary to regulate blood sugar. &lt;br&gt; - Continue all medications as usual.</td>
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| CT Extremities (arms/legs) | • No preparation.  
• Continue to eat and drink and take medications as usual.  
• Arrive in the Admitting Department ½ hour prior to your appointment time |
| CT Head (Brain, facial bones, IACs etc) | • Nothing to eat or drink for four (4) hours prior to your appointment.  
• Diabetic patients may have juice up to one (1) hour before the appointment time if necessary to regulate blood sugar.  
• Continue all medications as usual.  
• Arrive in the Admitting Department ½ hour prior to your appointment time |
| CT Neck | • Nothing to eat or drink for four (4) hours prior to your appointment.  
• Diabetic patients may have juice up to one (1) hour before the appointment time if necessary to regulate blood sugar.  
• Continue all medications as usual.  
• Arrive in the Admitting Department ½ hour prior to your appointment time |
| CT Spine – Cervical/Thoracic/Lumbar | • No preparation.  
• Continue to eat and drink and take medications as usual.  
• Arrive in the Admitting Department ½ hour prior to your CT appointment time |