PERCUTANEOUS NEPHROSTOMY/STONE REMOVAL

PREPARATION

Drink only clear fluids after a normal supper the evening before your procedure. This may include coffee, tea, juice, Jell-O, clear soups. No dairy products please.

Take all your regular medications with water as ordered by your doctor.

Bring all your medications, and respective dosages of these medications, with you on the morning of your procedure. If you are on medications for diabetes ask your family doctor about the need to stop these medications.

You must not be taking any anticoagulants ("blood thinners") before your procedure. If you take these medications they must be stopped well before your procedure, please consult with your doctor before stopping these medications.

You must be accompanied by an adult who will transport you to and from the hospital

You must arrange to spend the night after your procedure in the company of an adult who can transport you to the Hospital within 15 minutes if a delayed complication of the procedure occurs. Patients who have a venous access procedure may return home.

Patients should expect a two to six hour supervised recovery period after their procedure is completed.

PROCEDURE

A percutaneous nephrostomy catheter is inserted in your lower back to drain urine from the kidney. This tube is placed for many reasons. The tube is placed in the Interventional Radiology. The catheter will be placed in the kidney and other end of the catheter will remain outside your body to drain urine into a bag. The tube is secured into place.

Sometimes if a stone is present it may be removed during the procedure through the gained access.

The entire procedure will take approximately 1 to 2 hours.

AFTER THE PROCEDURE

You will return to a hospital room where you will rest and recover for 4-6 hours.

The nursing staff will be checking your vital signs such as pulse, blood pressure, temperature, and catheter function and urine output. Your urine will appear blood tinged, this is normal. It will clear up over time.
You should tell the nursing staff if you:

- feel nauseated
- vomit
- feel like you have a fever or have chills
- have severe pain where the tube goes in
- have any problems breathing

X-ray images may be ordered in days to follow to check the status of the urinary collecting and drainage systems.