

ENTEROCLYSIS (PRE CT)

PREPARATION

One day before the test:

- Normal breakfast, clear fluids only for lunch (no solid foods or dairy products).
- After lunch take 2 Dulcolax tablets. Drink 1 glass of clear liquid every hour until bed.
- At 6 p.m. take 1 bottle of Citromag followed by a glass of water.

On the day of the test:

- Nothing to eat or drink after midnight
- Continue with all medications up until 2 hours prior to the test. Use only small sips of water to swallow pills.

PROCEDURE

This procedure involves inserting a thin tube through the mouth, esophagus and past the stomach to inject water into the small bowel. This allows for better visualization of the small bowel than can be seen during a small bowel follow-through. The back of the throat is 'frozen' to allow easier passage of the tube. This procedure is followed by a dedicated CT scan of the abdomen to illustrate diseases of the small bowel.

Time to perform: 60 - 90 minutes.