## **ESOPHAGEAL DILATATION**

## **PREPARATION**

Your doctor will provide preparation information for this procedure.

## **PROCEDURE**

This procedure is performed by a gastroenterologist or surgeon to stretch the esophagus to reduce narrowing and tightness of the esophagus caused by surgery, cancer, aging. Different sized dilators are passed through the narrow areas to stretch it. X-rays are used to help determine the correct location of the narrowed area. Mild sedation will be used.

Time to perform: 45 minutes

Recovery time: approx. 4 hours