

SMALL BOWEL ENEMA

PREPARATION

One day before the test:

Eat a normal breakfast, clear fluids only for lunch (no solid foods or dairy products).

After lunch take 2 Dulcolax tablets. Drink 1 glass of clear liquid every hour until bed.

At 6 p.m. take 1 bottle of Citromag followed by a glass of water.

On the day of the test:

Nothing to eat or drink after midnight

PROCEDURE

This procedure involves inserting a thin tube through the mouth, esophagus and past the stomach to inject contrast media into the small bowel. This allows for better visualization of the small bowel than can be seen during a small bowel follow-through.

Time to perform: 60 - 90 minutes