



PATIENT SURGICAL CHECKLIST

For your safety and to avoid cancellation of your surgery, please read carefully and complete this checklist.

TO DO PRIOR TO SURGERY DATE:

- See your family doctor and have a History and Physical form filled out within 90 days of surgery date.
- Discuss with your family doctor if it is medically safe to be off blood thinners 5 days before surgery and when to restart after surgery
- Arrange for a responsible person to take you to and from the hospital and, if you are going home on the same day, to stay with you for 24 hours after the surgery.
- Fasting** - Nothing other than clear fluids after midnight. Clear fluids can be taken up to 2 hours prior to surgery time. *Clear liquids include water, apple juice, non-alcoholic and carbonated beverages, clear tea and black coffee. Sugar may be added to tea or coffee, and 10ml (two teaspoons) of milk.*
- If your doctor has requested tests pertaining to your surgery, obtain those test results (i.e. bloodwork, x-rays, ECG, etc.).
- Arrange for an interpreter to accompany you on day of surgery if there is a language barrier or hard of hearing.
- Remove **ALL** jewellery and piercings for your safety.
- Remove all makeup and nail polish.
- Confirm with your surgeon's office if you are required to stay in Saskatoon overnight.

TO BRING TO HOSPITAL:

- Completed History and Physical Form
- Health Card
- Medications that you regularly take in their labelled containers
- Any test results if requested by your doctor
- Someone to drive you to and from the hospital
- Money (change) for parking
- Reading materials

IF OVERNIGHT STAY IS REQUIRED. BRING THE ABOVE AS WELL AS:

- Toiletries
- Slippers with grip or running shoes

Please do not bring valuables or any more than \$10.00 cash with you.